



Trail Longo

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
1	7	Aite Tamang	VITÓRIA FC Trail Running	M Seniores	1	03:08:46	
2	179	António Almeida	VITÓRIA FC Trail Running	M Seniores	2	03:08:56	00:00:10
3	21	Miguel Arsénio	Trilho Perdido Eventos / Imporlux	M Sub 23	1	03:10:44	00:01:58
4	8	Luís Semedo	AC Portalegre / UTSM	M Seniores	3	03:11:51	00:03:05
5	180	Diogo Baena	VITÓRIA FC Trail Running	M Seniores	4	03:13:28	00:04:42
6	182	João da Costa Lopes	VITÓRIA FC Trail Running	M Seniores	5	03:19:02	00:10:16
7	211	Hélder Lopes Grosso	VITÓRIA FC Trail Running	M Seniores	6	03:26:48	00:18:02
8	127	Virgílio Gomes	Clube de Praças da Armada/CPA Trail Tea	M 50	1	03:28:14	00:19:28
9	199	Filipe Costa	Clube Desportivo de Espite	M Seniores	7	03:29:36	00:20:50
10	176	Tiago Cantante Romã	Clube de Praças da Armada/CPA Trail Tea	M Seniores	8	03:30:02	00:21:16
11	183	Pedro Ribeiro	VITÓRIA FC Trail Running	M Seniores	9	03:32:39	00:23:53
12	186	Carlos Caldera	VITÓRIA FC Trail Running	M 40	1	03:35:23	00:26:37
13	79	Gonçalo Carita	AC Portalegre / UTSM	M Seniores	10	03:37:00	00:28:14
14	181	Custódio António	VITÓRIA FC Trail Running	M 40	2	03:38:14	00:29:28
15	185	Gervásio Garcia	VITÓRIA FC Trail Running	M 40	3	03:38:59	00:30:13
16	283	Sérgio Correia	Zona Alta Trail	M Seniores	11	03:41:54	00:33:08
17	303	Miguel Cotrim	Clube de Atletismo de Ferreira do Zêzere	M Seniores	12	03:42:49	00:34:03
18	125	Luís Silva	Clube de Praças da Armada/CPA Trail Tea	M Seniores	13	03:44:07	00:35:21
19	272	Carlos Bárbara	A. C. S. Mamede	M Seniores	14	03:44:31	00:35:45
20	281	João Fernandes	Zona Alta Trail	M Seniores	15	03:45:34	00:36:48
21	232	Rogério Guerreiro Cos	VITÓRIA FC Trail Running	M 40	4	03:47:06	00:38:20
22	279	André Rosário	Zona Alta Trail	M Seniores	16	03:47:08	00:38:22
23	193	Bruno Gonçalves	Montanha Clube Trail Running/Efapel	M Seniores	17	03:50:54	00:42:08
24	257	Ricardo Mordomo	Clube Desportivo de Espite	M Seniores	18	03:51:46	00:43:00
25	296	Hélder Pereira	Clube de Atletismo de Ferreira do Zêzere	M 40	5	03:52:45	00:43:59
26	63	Fabio Mendes	Montanha Clube Trail Running/Efapel	M Seniores	19	03:53:06	00:44:20
27	270	Ricardo Carreira	A. C. S. Mamede	M Seniores	20	03:53:23	00:44:37
28	167	Luís Alexandre	Trilhos dos Templários / XPORFIT	M 40	6	03:54:07	00:45:21
29	165	Ricardo Ferreira	Trilhos dos Templários / XPORFIT	M Seniores	21	03:55:52	00:47:06
30	206	Susana Echeverría	Coimbra Trail Running	F 45	1	03:56:05	00:47:19
31	295	Miguel Lopes	Clube de Atletismo de Ferreira do Zêzere	M Seniores	22	03:57:08	00:48:22
32	81	David Gonçalves		M Seniores	23	03:58:30	00:49:44
33	267	Nuno Cardoso		M 40	7	03:58:34	00:49:48
34	282	Miguel Ribeiro	Zona Alta Trail	M 40	8	03:59:50	00:51:04
35	20	Pedro Pinheiro	Trilho Perdido Eventos / Imporlux	M 45	1	04:00:13	00:51:27
36	225	Luís Narciso	O Mundo da Corrida	M Seniores	24	04:01:30	00:52:44
37	170	João Grade	Trilhos dos Templários / XPORFIT	M Seniores	25	04:04:39	00:55:53
38	299	Luís Graça	Clube de Atletismo de Ferreira do Zêzere	M 40	9	04:05:31	00:56:45

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
39	126	Manuel de Sousa	Clube de Praças da Armada/CPA Trail Tea	M 45	2	04:05:41	00:56:55
40	144	Hugo Miguel	Trilho Perdido Eventos / Imporlux	M 40	10	04:06:17	00:57:31
41	138	José Barrinha	Clube de Futebol Guadiana	M 45	3	04:06:21	00:57:35
42	178	Ricardo Fonseca	VITÓRIA FC Trail Running	M Sub 23	2	04:08:13	00:59:27
43	121	Vanda Raquel	Top Gym	F Seniores	1	04:08:20	00:59:34
44	260	José Miguel Pereira	ATR - Algarve Trail Running	M 40	11	04:08:37	00:59:51
45	228	José Ferreira	Painho Trail	M 45	4	04:08:40	00:59:54
46	44	Paulo Roque		M 45	5	04:11:03	01:02:17
47	38	Henrique Dias	Caracol Trail Team	M Sub 23	3	04:11:47	01:03:01
48	195	Micael Costa	Clube Desportivo de Espite	M Seniores	26	04:13:07	01:04:21
49	70	Hélder Pinto	CCRD Burinhosa	M 40	12	04:14:59	01:06:13
50	148	Pedro Xavier Santos	Grupo Desportivo Santander Totta	M 45	6	04:15:17	01:06:31
51	304	António Soares	OPraticante.pt	M 50	2	04:16:44	01:07:58
52	61	Pedro Freitas	Caracol Trail Team	M Seniores	27	04:18:02	01:09:16
53	261	Filipe Rodrigues	OzXtreme/ADCRPereira	M Seniores	28	04:18:38	01:09:52
54	16	Miguel Ferreira	União FCI de Tomar	M Seniores	29	04:19:29	01:10:43
55	246	Paulo Alves	Montanha Clube Trail Running/Efapel	M 45	7	04:19:32	01:10:46
56	213	Paulo Nogueira	Montanha Clube Trail Running/Efapel	M 40	13	04:19:37	01:10:51
57	24	David Sousa	Trilho Perdido Eventos / Imporlux	M Seniores	30	04:19:55	01:11:09
58	263	José Vital	CLAC Entroncamento / OndaTrilhos	M 55	1	04:22:47	01:14:01
59	274	Duarte Gil Barbosa	Hora do Lobo	M 45	8	04:23:56	01:15:10
60	154	José Fonseca	União FCI de Tomar	M 50	3	04:24:13	01:15:27
61	106	Diogo Roberto		M Seniores	31	04:24:26	01:15:40
62	123	João Nepomuceno	Dá-lhe Gás Team	M 45	9	04:25:10	01:16:24
63	294	Abel Valente	Regimento de Engenharia Nº 1	M 40	14	04:29:40	01:20:54
64	203	Adriano Simplicio		M Seniores	32	04:29:53	01:21:07
65	286	Tiago Almeida	Grupo Sportivo Adicense	M Seniores	33	04:31:58	01:23:12
66	184	Ricardo Conde	Boavista Trail	M Seniores	34	04:32:05	01:23:19
67	119	José Pereira	Phoenix EvoRun	M Seniores	35	04:33:57	01:25:11
68	107	Mario Rodrigues	Federação família para paz mundial e unif	M 50	4	04:34:41	01:25:55
69	35	Nuno Nunes	Clube de Atletismo de Ferreira do Zêzere	M Seniores	36	04:35:10	01:26:24
70	300	João Sanches	Clube de Atletismo de Ferreira do Zêzere	M 50	5	04:35:29	01:26:43
71	145	Fernando Oliveira	Hora do Lobo Trail - CF Perosinho - Atletis	M 60	1	04:35:33	01:26:47
72	143	Paulo Alves	Stravistas Venda Pinheiro	M 40	15	04:35:41	01:26:55
73	62	Leonel Campos	CLAC Entroncamento / OndaTrilhos	M 55	2	04:36:26	01:27:40
74	139	Weslen Lucena	Madrugas	M Seniores	37	04:37:13	01:28:27
75	287	Rodrigo Nogueira		M Seniores	38	04:37:17	01:28:31
76	60	Eurico Rosado	Matilha Running	M 45	10	04:38:44	01:29:58
77	85	Rui Pena	COA / Corvus Trail Team	M Seniores	39	04:39:18	01:30:32
78	205	Ricardo Massena Gag	Salamandrecos	M 40	16	04:39:32	01:30:46
79	200	Joaquim Teixeira	Caracol Trail Team	M 60	2	04:39:45	01:30:59
80	297	Rodrigo Lopes	Clube de Atletismo de Ferreira do Zêzere	M 40	17	04:40:03	01:31:17
81	58	António Simões	Rx Runners	M 40	18	04:41:06	01:32:20
82	72	Hugo Pinto	Clube Efacec	M Seniores	40	04:41:13	01:32:27
83	48	Nuno Granadas	Turres Trail Team	M Seniores	41	04:41:26	01:32:40

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
84	249	Dinis Santos	Clube Desportivo de Espite	M Seniores	42	04:41:31	01:32:45
85	172	Rui Gonçalves		M 40	19	04:41:34	01:32:48
86	209	Hugo Lopes	Abutres	M Seniores	43	04:42:09	01:33:23
87	57	Joana Alves	Caracol Trail Team	F Seniores	2	04:42:15	01:33:29
88	37	Gonçalo Silva	Caracol Trail Team	M Seniores	44	04:42:16	01:33:30
89	36	Carlos Mendes	Caracol Trail Team	M Seniores	45	04:42:23	01:33:37
90	302	Vítor Santos	Clube de Atletismo de Ferreira do Zêzere	M 45	11	04:42:31	01:33:45
91	266	Leonardo Araújo	BlackBulls / Clube de Condeixa	M Seniores	46	04:43:03	01:34:17
92	317	Paula Valente	AnsiBikers	F Seniores	3	04:43:42	01:34:56
93	116	Humberto Pestana	AD IALBAX	M 40	20	04:46:14	01:37:28
94	153	Miguel Saraiva	CA Barreira	M 50	6	04:46:52	01:38:06
95	250	Tiago Gregório	S C Povoense - Caracóis de Corrida	M Seniores	47	04:48:13	01:39:27
96	75	Sofia Quental	AD IALBAX	F Seniores	4	04:48:35	01:39:49
97	201	Marco Mendes	Associação Pombal Jovem	M Seniores	48	04:48:43	01:39:57
98	251	Cirilo Formiga	Zimbra Fox Runners	M 60	3	04:49:48	01:41:02
99	276	Rui Magalhães	Clube Millennium BCP	M 50	7	04:49:55	01:41:09
100	115	Marisa Martins	Phoenix EvoRun	F Seniores	5	04:51:24	01:42:38
101	244	José Miguel Santos	S C Povoense - Caracóis de Corrida	M 45	12	04:52:06	01:43:20
102	105	Carina Silva	CLAC Entroncamento / OndaTrilhos	F Seniores	6	04:52:40	01:43:54
103	132	Roberto Caneira	SCD Glória do Ribatejo	M 45	13	04:54:02	01:45:16
104	149	Tiago Fernandes	Grupo Desportivo da Parreira	M Seniores	49	04:54:05	01:45:19
105	163	Vitor Diniz	Tomar Runners	M 45	14	04:54:16	01:45:30
106	33	Miguel António Pereir	Madrugas	M 50	8	04:54:24	01:45:38
107	189	Ricardo Monraia	AD IALBAX	M 40	21	04:57:02	01:48:16
108	84	Maria de Jesus Monra	AD IALBAX	F 45	2	04:57:03	01:48:17
109	83	Gonçalo Rijo		M 45	15	04:57:22	01:48:36
110	55	Bárbara Sá Marques	Santana Futebol Clube - Trail Team	F Seniores	7	04:59:30	01:50:44
111	17	Simão Petulante	COA / Corvus Trail Team	M 45	16	04:59:51	01:51:05
112	253	Marketa Martins	Casa do Benfica em Abrantes	F 40	1	05:00:44	01:51:58
113	25	Ivone Ferreira	Trilho Perdido Eventos / Imporlux	F 45	3	05:01:38	01:52:52
114	215	Artur Vasques	Grupo Desportivo de Mêda	M Seniores	50	05:02:45	01:53:59
115	175	Luís Simões	Trail doTexugo - Redondo	M 40	22	05:02:55	01:54:09
116	311	Francisco Martins	Casa do Benfica em Abrantes	M 50	9	05:03:07	01:54:21
117	54	Pedro Tavares	AC Portalegre / UTSM	M 45	17	05:03:14	01:54:28
118	161	Sérgio Costa		M 40	23	05:03:45	01:54:59
119	22	Vanda Matias	Trilho Perdido Eventos / Imporlux	F 45	4	05:04:51	01:56:05
120	227	Renato Barros	Montanha Clube Trail Running/Efapel	M 55	3	05:04:52	01:56:06
121	231	Faustino Matos		M 40	24	05:05:03	01:56:17
122	41	Miguel Duarte Pedro	Salamandrecos	M 50	10	05:06:17	01:57:31
123	155	Pedro Machado	Shots International Runners / Kansha	M 40	25	05:09:54	02:01:08
124	31	Vitor Camões		M Seniores	51	05:10:18	02:01:32
125	188	José Raposo	Grupo Desportivo Santander Totta	M 50	11	05:10:52	02:02:06
126	252	António Martins	Casa do Benfica em Abrantes	M 60	4	05:11:09	02:02:23
127	87	António Lopes	SCD Glória do Ribatejo	M 45	18	05:11:28	02:02:42
128	64	João Laranjeira	ADE Trail Running	M Seniores	52	05:12:38	02:03:52

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
129	256	Carmen Ferreira	Associação Vale Grande	F 50	1	05:13:37	02:04:51
130	187	Amílcar Ramos	GRVilaverdense	M 40	26	05:14:10	02:05:24
131	34	Vitor Pereira	Águeda Action Club - ACTIB	M Seniores	53	05:14:25	02:05:39
132	202	Marta Fonseca		F Seniores	8	05:14:26	02:05:40
133	133	José Santos	Tintol Runners	M Seniores	54	05:14:39	02:05:53
134	271	Filipa Casimiro	A. C. S. Mamede	F Seniores	9	05:14:45	02:05:59
135	319	José Carlos Leal Brito		M 50	12	05:15:23	02:06:37
136	104	Ana Paula Santos	CCRD Burinhosa	F 55	1	05:15:31	02:06:45
137	198	Miguel Marques	Palmelense FC	M 40	27	05:16:11	02:07:25
138	241	Cynthia Maia		F 40	2	05:16:19	02:07:33
139	15	Mário Caridade	COA / Corvus Trail Team	M Seniores	55	05:16:56	02:08:10
140	243	João Maral	SS CGD	M 50	13	05:17:01	02:08:15
141	23	Luis Silva	Trilho Perdido Eventos / Imporlux	M 50	14	05:18:08	02:09:22
142	269	Hugo Carreira Brasan	A. C. S. Mamede	M Seniores	56	05:19:49	02:11:03
143	158	Ana Soraia Gomes	Outdoor Clube de Setúbal - Strendure Ru	F 40	3	05:21:00	02:12:14
144	285	António Carvalho	Figueira Kayak Clube	M 60	5	05:21:01	02:12:15
145	109	Manuel Victorino	C.C.D."O Alvitejo"	M 60	6	05:21:23	02:12:37
146	316	Ana Duarte	ACMF Arrabida Trail Team	F 45	5	05:21:24	02:12:38
147	278	Ana Tomé	Zona Alta Trail	F 45	6	05:25:15	02:16:29
148	219	Carlos Martins	GDC Fidelidade	M 45	19	05:28:43	02:19:57
149	102	Rui Marçal	Pace.Makers	M 45	20	05:28:49	02:20:03
150	284	Ruben Duque	Zona Alta Trail	M Seniores	57	05:29:17	02:20:31
151	100	Manuel Moreno	HL Runners Club	M 60	7	05:29:26	02:20:40
152	230	Carla Santos	Zimbra Fox Runners	F 40	4	05:29:53	02:21:07
153	94	Carlos Esteves	Matilha Running	M 50	15	05:30:17	02:21:31
154	95	Rui Azevedo	Matilha Running	M 45	21	05:30:18	02:21:32
155	111	Nuno Almeida	Grupo Desportivo Santander Totta	M 45	22	05:30:25	02:21:39
156	268	Carla Henriques	Associação Vale Grande	F 40	5	05:32:44	02:23:58
157	280	Diogo Maia	Zona Alta Trail	M Seniores	58	05:32:48	02:24:02
158	247	Sandro Rodrigues	Aurora Trail	M 40	28	05:33:51	02:25:05
159	76	Nuno Ferreira	Clube Vodafone	M Seniores	59	05:34:44	02:25:58
160	255	Lourenço Bray		M 40	29	05:34:55	02:26:09
161	220	Paulo Bispo	Clube de Atletismo Trail Runners da Pont	M 50	16	05:35:37	02:26:51
162	51	Artur Costa	Rx Runners	M 40	30	05:35:46	02:27:00
163	264	Liliana Aguiar		F 40	6	05:36:09	02:27:23
164	171	João Martins	Caracol Trail Team	M 50	17	05:36:38	02:27:52
165	273	David Teixeira	C+Runners	M Seniores	60	05:38:00	02:29:14
166	118	Carlos lourenço	Pinhal Total - Oleiros Aventura	M 45	23	05:38:39	02:29:53
167	265	Maria Elisa Santos	Outdoor Clube de Setúbal - Strendure Ru	F Seniores	10	05:39:24	02:30:38
168	248	Ana Camarinha	OCS Proaventuras	F 40	7	05:39:25	02:30:39
169	305	Fátima Martins		F 45	7	05:39:26	02:30:40
170	146	Nuno Gonçalves	BRT - Beer Run Team	M 40	31	05:39:35	02:30:49
171	150	Sónia Neto	Tomar Runners	F Seniores	11	05:40:17	02:31:31
172	292	Arlindo Domingues	Regimento de Engenharia Nº 1	M 45	24	05:40:19	02:31:33
173	173	Rui Farinha	Os Matrecos	M 40	32	05:42:18	02:33:32

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
174	56	Nuno Marques	Santana Futebol Clube - Trail Team	M 40	33	05:43:33	02:34:47
175	194	Pedro Cruz	Clube Efacec	M 40	34	05:43:38	02:34:52
176	49	Mário Ferreira	Clube Efacec	M 45	25	05:43:58	02:35:12
177	52	David Clemente	CUAB	M Seniores	61	05:44:36	02:35:50
178	92	Nuno Barata	COA / Corvus Trail Team	M 45	26	05:45:00	02:36:14
179	28	Lina Mateus	RBS Shoes	F 40	8	05:45:46	02:37:00
180	204	Carlos Costa	Trailers	M 50	18	05:45:49	02:37:03
181	289	Pedro Lopes		M 40	35	05:45:54	02:37:08
182	168	Marco Soares	Trilhos dos Templários / XPORFIT	M 40	36	05:46:46	02:38:00
183	242	Ricardo Dengue		M 40	37	05:47:35	02:38:49
184	124	Silvya Santos		F Seniores	12	05:48:29	02:39:43
185	293	António Marques	Regimento de Engenharia Nº 1	M 40	38	05:48:30	02:39:44
186	50	Gabriel Moreira		M 60	8	05:48:31	02:39:45
187	113	João Barros	BIMec	M 45	27	05:48:32	02:39:46
188	288	Maria José Felisardo	OCS Strendure Running Team	F 45	8	05:49:02	02:40:16
189	312	Nuno Freitas	Grupo Sportivo Adicense	M 40	39	05:49:16	02:40:30
190	66	Ricardo Pato	Strendure Running Team	M Seniores	62	05:50:40	02:41:54
191	71	Luís Emídio	COA / Corvus Trail Team	M 50	19	05:51:32	02:42:46
192	229	Pedro Amaral	Here for Beer	M 50	20	05:53:15	02:44:29
193	151	Ricardo Godinho	Monsanto Running Team	M 40	40	05:53:51	02:45:05
194	26	Miguel Henriques	Trilho Perdido Eventos / Imporlux	M Seniores	63	05:54:13	02:45:27
195	275	Carlos Costa	Clube Millennium BCP	M 55	4	05:58:20	02:49:34
196	114	Renato Esteves	Trilhos dos Templários / XPORFIT	M Seniores	64	05:58:21	02:49:35
197	237	Joana Eira	CALMA - Tomar	F Seniores	13	05:58:28	02:49:42
198	235	Carlos Eira	CALMA - Tomar	M 55	5	05:58:30	02:49:44
199	177	Augusto Sousa	Clube de Atletismo Trail Runners da Pont	M 45	28	06:00:36	02:51:50
200	53	João Silva	COA / Corvus Trail Team	M 45	29	06:03:24	02:54:38
201	318	Rui Manuel Pinho		M 45	30	06:04:09	02:55:23
202	174	Anselmo Maia		M 45	31	06:04:19	02:55:33
203	45	João Henriques	SS CGD	M 45	32	06:05:43	02:56:57
204	142	Miguel Tavares	BRT - Beer Run Team	M 45	33	06:06:55	02:58:09
205	308	Joana Pereira	Grupo Sportivo Adicense	F Seniores	14	06:07:40	02:58:54
206	120	Severino Rosa	SS CGD	M 60	9	06:11:05	03:02:19
207	234	José Fontinha	COA / Corvus Trail Team	M 40	41	06:11:59	03:03:13
208	157	Carlos Rangel		M 60	10	06:12:59	03:04:13
209	192	Sérgio Simões		M Seniores	65	06:13:04	03:04:18
210	223	Carlos Cardoso	Somais1km	M 40	42	06:14:23	03:05:37
211	214	Gustavo Baeta	SantiagoBikes	M 40	43	06:15:00	03:06:14
212	254	Mariana Henriques	COA / Corvus Trail Team	F Seniores	15	06:16:06	03:07:20
213	97	Rui Marguilho	Algarunners	M 40	44	06:19:35	03:10:49
214	29	Ricardo Patrício	Equipa da Treta	M Seniores	66	06:20:09	03:11:23
215	169	Sandra Caldas	Trilhos dos Templários / XPORFIT	F 40	9	06:20:19	03:11:33
216	86	Luiz Felicio	Os Trinca Espinhas	M Seniores	67	06:21:58	03:13:12
217	103	Sónia Marçal	Pace.Makers	F 45	9	06:24:12	03:15:26
218	101	João Bento	Os Ponta Branca / UDA	M Seniores	68	06:25:43	03:16:57

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
219	291	Hélio Correia	Grupo Sportivo Adicense	M Seniores	69	06:26:30	03:17:44
220	42	Ana Duarte	AD IALBAX	F 40	10	06:27:33	03:18:47
221	98	Luís Cruz		M 40	45	06:29:11	03:20:25
222	233	Joel Jacinto	GRVilaverdense	M 40	46	06:30:52	03:22:06
223	221	Ricardo Pereira	GRVilaverdense	M Seniores	70	06:30:53	03:22:07
224	117	Paulo Alves	ARCD Venda da Luisa	M 40	47	06:33:29	03:24:43
225	226	Claudio Sequeira		M Seniores	71	06:35:55	03:27:09
226	320	Bruno Correia		M 40	48	06:37:01	03:28:15
227	91	Lara Felgueiras		F Seniores	16	06:38:45	03:29:59
228	90	Jorge Sousa		M Seniores	72	06:38:46	03:30:00
229	140	André Pinto		M Seniores	73	06:45:03	03:36:17
230	43	Vitor Afonso Lourenç	Jobrinde - Montes Saloios	M 50	21	06:46:22	03:37:36
231	130	Isadora Costa	4 ao km	F Seniores	17	06:47:15	03:38:29
232	131	Vitor Gonçalves	4 ao km	M 50	22	06:47:16	03:38:30
233	224	Álvaro Furtado	SS CGD	M 60	11	06:50:56	03:42:10
234	236	António Trindade	CALMA - Tomar	M 50	23	06:53:13	03:44:27
235	240	Helena Vasconcelos		F 45	10	06:56:00	03:47:14
236	239	Alfredo Chambel		M 50	24	06:56:01	03:47:15
237	156	Miguel Vitorino	Caracol Trail Team	M 40	49	06:56:36	03:47:50
238	39	José Garcez	Évora Night Runners	M 40	50	07:00:45	03:51:59
239	67	Alvaro Vale	ADE Trail Running	M Seniores	74	07:24:44	04:15:58
240	65	Salete Oliveira	ADE Trail Running	F Seniores	18	07:24:45	04:15:59
241	59	Marco Cardoso	Zona Alta Trail	M 50	25	07:34:50	04:26:04
242	88	António Pardal	Espaço Shambala	M 60	12	07:56:05	04:47:19
243	30	Cláudio Patrício	Equipa da Treta	M Seniores	75	08:55:29	05:46:43

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
	1	José Mota	Os Matrecos	M 55		DNS	
	4	Sara Brito	CA Barreira	F 45		DNS	
	5	Hélder Ferreira	União FCI de Tomar	M 40		DNS	
	6	Luís Fernandes	Clube de Praças da Armada/CPA Trail Tea	M Seniores		DNS	
	18	Rogério Horta	COA / Corvus Trail Team	M 45		DNF	
	19	Artur Oliveira	COA / Corvus Trail Team	M Seniores		DNS	
	27	Virginia Pereira	Trilho Perdido Eventos / Imporlux	F 50		DNS	
	32	António Lopes	Serviços Sociais Montepio Geral	M 45		DNS	
	46	Tiago Mendonça	GMC Jamor	M 40		DNS	
	47	Aurélio Farias	HL Runners Club	M 40		DNF	
	68	João Antunes	Quadrilheiros Runners	M Seniores		DNS	
	73	Tetyana Vakulyuk	Caracol Trail Team	F 40		DNS	
	74	Rui Silva	Caracol Trail Team	M Seniores		DNS	
	78	Rui Barbosa	Matilha Running	M 45		DNS	
	80	Catarina Alves	Coimbra Trail Running	F 40		DNS	
	93	Pedro Santos	COA / Corvus Trail Team	M Seniores		DNS	
	108	Jorge Manuel Freitas	Figueira Kayak Clube	M 50		DNF	
	112	Joaquim Caeiro	AlenMinho	M 50		DNS	
	122	Fábio Nunes		M Seniores		DNS	
	128	Bruno Castro	Clube de Praças da Armada/CPA Trail Tea	M Seniores		DNS	
	129	Francisco Monte		M Seniores		DNS	
	134	David Freitas	ADCRPJ	M 50		DNS	
	135	Aida Freitas	ADCRPJ	F 45		DNS	
	152	Ana Faísca	Outdoor Clube de Setúbal - Strendure Ru	F Seniores		DNS	
	159	Daniel Cavalheiro		M 40		DNF	
	160	Isabel Marques		F 50		DNS	
	162	André Reis	MultiRunners	M 40		DNS	
	166	Tiago Gaspar	Trilhos dos Templários / XPORFIT	M 40		DNS	
	190	Cristóvão Casimiro	Não fazemos nem mais um... km	M 40		DNS	
	191	Rui Cunha	Grupo Desportivo Santander Totta	M 50		DNS	
	197	Marcelo Albino da Gr	VITÓRIA FC Trail Running	M Seniores		DNS	
	207	Luísa Mesquita	Coimbra Trail Running	F Seniores		DNS	
	210	Alexandra Soares	Coimbra Trail Running	F Seniores		DNS	
	212	Paulo Lima		M 40		DNS	
	217	André Trindade	AC Portalegre / UTSM	M Seniores		DNS	
	218	Pedro Carriço	Serviços Sociais Montepio Geral	M Seniores		DNS	
	222	Gonçalo Mendes	Striking.pt	M 45		DNS	
	238	Paulo Delgado	CALMA - Tomar	M 40		DNF	
	245	António Correia		M 60		DNS	
	258	José Martins	G.D.M. Trail Team	M 55		DNS	
	259	Cidália Martins	G.D.M. Trail Team	F 50		DNS	
	262	Christopher Farwell		M Seniores		DNS	
	277	António Serrão	C.D. "Os Águias" de Alpiarça	M 40		DNS	
	290	Rafael Monteiro		M 40		DNS	
	298	Tiago Ramos	Clube de Atletismo de Ferreira do Zêzere	M Seniores		DNF	

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
	301	Fernando Gomes	Clube de Atletismo de Ferreira do Zêzere	M Seniores		DNS	

DESQ - Desqualificado(a) DNS - Did Not Start DNF - Did Not Finish